

COVID-19 Outbreak and NCDs Risk Behavior survey



กรมควบคุมโรค
Department of Disease Control

DDC surveyed: risk of NCDs ,April 27-May3, 2020,
locked down period (7,711 respondents)



The outbreak of COVID-19 resulted in
30% gain weight.

58% reduced purchases of ready-made food

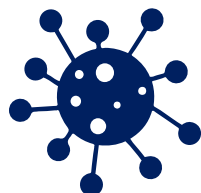
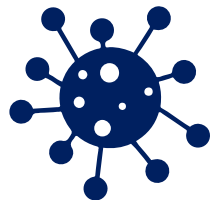
57 % increase self cooking

42% reduced physical activity.

46% decrease in daily walking .

38 % increased stress. 17% difficult to sleep
in smoking group 16% increase smoking

38% decrease smoking



COVID-19 Outbreak and NCDs Risk Behavior in Thailand

DDC surveyed : risk of NCDs ,April 27-May3, 2020,
(7,711 respondents)

Patients with hypertension

8% did not know their blood pressure level .

75 % well control their pressure

63% had a blood pressure monitor at home.

Patients who had blood pressure monitor at home well control their BP more than those who did not have



Patients with diabetes

21 % did not know their blood sugar level.

66 % well control their blood sugar.

20 % had a glucose meter at home.

Patients who had a blood glucose meter at home well control their blood sugar more than those who did not have.

39 % had medical condition ,
34 % had regular medication.

